



## Parenting Resources | Safety & Protection

Here you'll find a collection of free resources, which we hope will be useful to anyone caring for young children during this particularly challenging moment in time.

NAME	LINK	DESCRIPTION	FORMAT
Access to Justice during Covid-19	<a href="https://innovationedge.org.za/wp-content/uploads/2020/03/e0979fed-9103-4770-8d14-e1b4dc9ebb74.jpg">https://innovationedge.org.za/wp-content/uploads/2020/03/e0979fed-9103-4770-8d14-e1b4dc9ebb74.jpg</a>	Key contacts for legal advice and support during the Covid-19 crisis.	PDF Download
Gender Based Violence Command Centre		24 hour a day support available on toll-free number 0800 428 428 and to get a call back simply dial *120*7867# call.	Emergency Numbers
Key Emergency Numbers	<a href="https://innovationedge.org.za/wp-content/uploads/2020/03/25bf1780-5fd2-4841-9127-eeaa1618f0b4.jpg">https://innovationedge.org.za/wp-content/uploads/2020/03/25bf1780-5fd2-4841-9127-eeaa1618f0b4.jpg</a>	Emergency numbers to keep for during lockdown.	PDF Download
Childline Contact	<a href="https://www.childlinesa.org.za/satus/">https://www.childlinesa.org.za/satus/</a>	Free counselling 24/7 for all networks: 0800 055 555. Or click the link to access online counselling chatrooms (a deaf friendly service).	Website
Suicide Helpline		0800 567 567	Emergency Numbers
Coronavirus Hotline		0800 029 999 WhatsApp: 060 012 3456	Emergency Numbers
SAPS Crime Stop		0860 10111 / SMS Crime Line: 32211	Emergency Numbers
National AIDS Helpline		0800 012 322	Emergency Numbers
Persons with		SMS 'help' to 31531	Emergency

<b>Disabilities</b>			Numbers
<b>National Human Trafficking Helpline</b>		0800 222 777	Emergency Numbers
<b>Bulungula Incubator</b>	<a href="https://innovationedge.org.za/wp-content/uploads/2020/03/COVID-19-Rapid-Response-General.pdf">https://innovationedge.org.za/wp-content/uploads/2020/03/COVID-19-Rapid-Response-General.pdf</a>	Rapid response guidelines for protecting vulnerable members of rural communities during Covid-19.	PDF Download
<b>Ilitha Labantu</b>		Free counselling and support for women who've experienced abuse: 072 076 6118/ 072 063 4407 (Both numbers are WhatsApp compatible)	Emergency Numbers
<b>Rape Crisis Helpline</b>		021 447 9762	Emergency Numbers
<b>Poisons Helpline</b>	<a href="https://www.docweb.co.za/about/latest-from-cpc-qualicare/item/298-poisons-information-helpline-number-change.html">https://www.docweb.co.za/about/latest-from-cpc-qualicare/item/298-poisons-information-helpline-number-change.html</a>	If a child is poisoned: Rinse their mouth or skin with a small amount of water Do not make them vomit or force them to drink milk or water Call the poisons helpline on 0861 555 777.	Emergency Numbers

